

Kin Ryu Judo Club international fighters



Pictured above Kin Ryu's Lugi team: Kirstyn Chase, Andrew Robertson, Joseph O'Doherty, Jack Thompson, David O' Doherty, Corlia Robertson, Lisa Harrison, Dudley Thompson, David O'Doherty (snr), Rianna Robertson, Simon Williams, Richard Williams

Last Weekend twelve members of Kin Ryu Judo Club journeyed out to Lund in Sweden to take part in the Budo Nord Cup and Lugi judo training camp and kids cup competition. This is a three day training camp and competition, with coaching from some of the top judo coaches in Europe including former Olympic, World, and European Champions. The camp plays host to over 800 young fighters from across Europe and as far away as the USA. The 6 adults and 6 children, all aged between 10 and 13, had training for 3 hours a day, but showed that they are able to keep up with some of Europe's best young competitors, learning skills and taking part in mass training sessions. For 13 year old David O'Doherty it was the first time competing at the Budo Nord Cup, a large competition for some of Europe's top fighters aged 13-20. David fought well winning his first 2 fights in style with superbly executed throws. In the semi-final David came up against the Swedish national champion and despite it being a close fight he lost and had to fight for bronze. His bronze fight went all the way to time and David was unlucky to lose on a small score having to take 5th place, still a great achievement for his first time at this level of competition.

Following the competition it was the start of the camp and on the Saturday, despite 3 hours of training, it was the turn of the younger fighters to enter their competition. 4 Kin Ryu junior players fought in the Lugi Kids Cup Joseph, Jack, Kirstyn and Corlia. All fought well against tough opposition and resulted in Jack finishing just outside the medals in 5th place, Corlia and Kirstyn winning bronze and Joseph taking gold after an epic final against the Swedish home favourite. Although tired everyone, children and adults, finished the camp in good spirits and are looking forward to next year. Well done to all!!

Kin Ryu Judo Club train at K2, Crawley, Juniors Mon 5-6 and 6-7.30, Wed 7-8.30, Seniors Wed 8.30-10, Women only Thursday 6.30-8.00 all new beginners welcome. For more information call Lisa Harrison on 07940653563, check us out at www.kinryu.org.uk or come visit us at K2!